

CURRICULUM VITAE

Personal Data:

Sure Name Olang
First Name Beheshteh
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Nationality Iranian
Marital status Married
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Educational Background

- Professional doctorate in medicine (MD) Kermanshah University of Medical Sciences(KUMS) 1986 – 1993
- Medical specialty (pediatrics) Shahid Beheshty University of Medical Sciences (SBUMS) 1994 – 1997
- Professional languages (Swedish & English) Swedish High School 2004-2006
- PhD Karolinska Institutet 2006- 2011
Department of Biosciences and Nutrition
- Research Association, Post doc Karolinska Institutet 2011-04- 01,
Department of Biosciences and Nutrition 2013-10-24
- Adjunct Faculty Member, Postdoc Oslo and Akershus University College, of Applied Sciences, Lillestrøm, Norway 2011-03-16,
2013-05-01
- Pediatric Nutritionist Development & Health Promotion Research Center, KUMS April, 2013 Feb 2015
Breastfeeding Research Center Tehran
- Post doc. Researcher University of Medical Sciences, Tehran, Iran 2011 to 2014
Mofid Children Hospital. (SBUMS), Tehran, Iran
- Pediatric Nutritionist Tehran, Iran Feb. 2015 to date

Employment History

Senior lecturer	Department of child Gastroenterology & Nutrition	Faculty of Medicine (SBUMS)	October 2016 to date
Assistant Professor in Pediatric Nutrition	Department of child Gastroenterology & Nutrition	Faculty of Medicine (SBUMS)	February 2015 to date
Assistant Professor in Nutrition	Department of Nutrition & Food Health	Faculty of Health, KUMS	2013-2015
Pediatrician & Nutritionist	Department of Pediatric	Dr. M. Kermanshahi Children Hospital, KUMS	2012-2015
Pediatrician	Community Oriented Medical Center	Faculty of Medicine, KUMS	2013-2015
Project assistant	EU food project	Karolinska Institutet	2011
Project assistant	Department of Biosciences & Nutrition	Karolinska Institutet	2010
• Pediatrician	Kangavar district hospital	KUMS	2002-2004
• Pediatrician	Songhor district hospital	KUMS	1998-2002
• General Physician (GP)	Robatkarim district Clinic	Iran University of Medical Sciences	1993-1994

Professional Experience

- Primary investigator of safety member of mother and infant, promotion of normal vaginal delivery and breastfeeding committee August 2015
- Senior Consultant of Iranian Society of Breastfeeding Feb 2015 to date
- Coordinator of project between Public Health Nutrition in Sweden and National Nutrition and Food Technology Research Institute in Iran 2007-2011
- Member of the neonatal mortality committee of Kangavar district 2002-2015
- Member of the vaccination committee of Kangavar district 2002-2015

- Member of the neonatal mortality committee of Songhor district 1998–2002
- Member of the vaccination committee of Songhor district 1998–2002
- Member of the Breastfeeding committee of Kermanshah University of Medical Science 1998-2015

Training

- Epidemiology II 2010
- Biology of lactation 2009
- Epidemiology I 2008
- How to write scientific paper 2008
- Medical statistic 2008
- Problem-based overview of medical statistics 2008
- International Health 2007
- Nutrition I&II 2007
- Computer skills (Endnote, SPSS, Ping pong) 2007
- Dr. Gharib congress of the diseases of children 2002
- Neonatal resuscitation 2000
- Pediatrics emergencies 1999
- International congress of pediatrics 1999
- Reduction in mother, fetus and infant mortality 1999

Memberships

- World Alliance for Breastfeeding Action, Protects, Promotes and Support Breastfeeding Worldwide, <http://www.waba.org.my/index.htm>
- Academy of Breastfeeding Medicine, dedicated to the promotion, protection and support of breastfeeding, <http://www.bfmed.org/Default.aspx>
- The Nutrition Society, <http://www.nutritionociety.org/index.php?q=node/>
- KI research network on Reproduction, Growth and Development <http://researchnetworks.ki.se/converis/area/196>
- Colact Comparative Lactation, Scandinavian biology of lactation
- www.colact.net , Dec, 2013
- Breastfeeding Scientific Society, Tehran, Iran, March 2015 to date (Senior Advisor until 2017, Scientific Secretary to date)
- Iranian Associate Society of Child Nutrition (ISCN), 2015 to date www.iscn.org (Scientific Secretary until 2017, Treasurer to date)
- Founding member of Pediatric Gastroenterology, Hepatology and Nutrition Research Center, Research Institute for Children Health, Shahid Beheshti University of Medical Sciences, Tehran, Iran (2017 to date)

Teaching activity	Target group	Year
• Pediatric nutrition	Pediatric Resident (SBUMS)	2015 to date
• Anthropometry	Intern MD student (SBUMS)	2015 to date
• Children and women's Health	Bachelor student (KUMS)	2013-14
• Child and Women's Nutrition	Bachelor student	2013-14
• Children's disease	Bachelor student	2013-14
• Supervision of master students	Course at KI	2010-11
• Barns tillväxt och hälsa	Master students (KI)	2010
• Supervision of master students	Magister student (KI)	2009
• Supervision of master student	Magister student (KI)	2009
• Breastfeeding as an aspect of public Health	Master program	2009
• Supervision of master student	Master student (KI)	2008
• Surveillance in Europe	Master program (KI)	2008
• Breastfeeding as an aspect of public Health	Master program (KI)	2007
• Neonatal seizure and its treatment	Health providers	2003
• Measles and indication of vaccination in children from 4-6 years of age	Health providers	2003
• Neonatal resuscitation	Health providers	2002
• Pediatrics emergencies	Health providers	1998
• Children resuscitation	Health providers	1998
• Breastfeeding	Health providers	1998

Current research activity

- Aspects of feeding patterns in the first two years of life in Iranian infants <http://libris.kb.se/bib/12092715> , 2006-2011
- Nutritional assessment and intervention in Hospitalized Children, Mofid Children Hospital, 2015 to date
- Nutritional Intervention in Cystic Fibrosis outpatients Clinic, Mofid Children Hospital, 2015 to date
- Breastfeeding and its advice, Mofid Children Hospital, 2015 to date
- Nutrition and diet therapy clinic, Mofid Children Hospital, 2015 to date
- Prevent Malnutrition in Hospitalized Children, Deputy of Treatment in Ministry of Health and Mofid Children Hospital, 2015 to date

- Prevent Obesity in childhood, Nutrition Department in Ministry of Health and, Mofid Children Hospital, 2015 to date
- NurtriCHEQ Project Nutrition Department in Ministry of Health and, Mofid Children Hospital, 2015 to date
- Comprehensive Project for the prevention and control of overweight in Iranian children and adolescents, 2015 to date
- [Effects of Oral Nutrition Supplements in Children With Disease Associated Underweight \(MIntS\)](#), 2016 to date

Other researches activities

- Blue print for action, Promotion and Support Breastfeeding in Europe, 2008
- WHO project, prevention of obesity in 9 European countries, 2010
- Folate metabolism, infertility and foetal health, 2010
- EU food project , 2011
- Member of research in education committee, Kermanshah University of Medical Sciences, 2012 to date
- Pediatric Nutritionist and consultant in Dr. M. Kermanshahi Children Hospital, 2012-2015
- Iranian Nutrition Society. 2014 to date

Presentations

- A World Wide View on Breastfeeding, VELB/ILCA Conference, Austria, 2008
- The 1st European Conference on the Kangaroo Mother care method & The 7th International Workshop on Kangaroo Mother Care, Sweden, 2008
- 3rd Nordic Breastfeeding Conference, Denmark, 2009
- 19th international Congress of Nutrition (ICN 2009), Bangkok
- CRU lactation symposium, 2010, Sweden
- Collaboration project Karolinska Institutet, Sweden, Akershus University College, 2011, Norway
- Colact Comparative Lactation, 2011, Denmark
- Congress on Health, Growth and Nutrition in under 2 years old children, Iranian Society of Child Nutrition, Tehran, Iran, 2012
- 24th International Congress of Children Disease, Tehran, Iran, 2012
- 1st International and 13th national of Iranian Nutrition Congress, Tehran Iran, 2014
- 2nd and 6th Iranian Congress on Health Education and Promotion, Kermanshah, Iran 2015

Publication

1. Breastfeeding in Iran: prevalence, duration and current recommendations

Beheshteh Olang, Khalil Farivar, Abtin Heidarzadeh, Birgitta Strandvik and Agneta Yngve, International Breastfeeding Journal, 2009

[Breastfeeding in Iran: prevalence, duration and current recommendations](#)

2. Optimal vitamin A and suboptimal vitamin D status are common in Iranian infants

Beheshteh Olang, Mohsen Naghavi, Delaram Bastani, Birgitta Strandvik and Agneta Yngve, Acta Paediatrica Journal, March 2011

[Optimal vitamin A and suboptimal vitamin D status are common in Iranian infants](#)

3. Aspects of feeding patterns in the first two years of life in Iranian infants

B Olang

Inst för biovetenskaper och näringslära/Dept of Biosciences and Nutrition

4. Docosahexaenoic acid in breast milk reflects maternal fish intake in Iranian mothers

Beheshteh Olang, Majid Hajifaraji, Mohamed Atiya Ali, Sophie Hellstrand, Mohammad Palesh, Ebrahim Azadnya, Zinat Kamali, Birgitta Strandvik, Agneta Yngve, April 2012, Food and Nutrition Science Journal

[Docosahexaenoic Acid in Breast Milk Reflects Maternal Fish Intake ...](#)

4. Reasons given by mothers for discontinuing breastfeeding in Iran

Beheshteh Olang, Abtin Heidarzadeh, Birgitta Strandvik and Agneta Yngve, International Breastfeeding Journal, May 2012

[Reasons given by mothers for discontinuing breastfeeding in Iran](#)

5. Vitamin A status in pregnant women in Iran in 2001 and its relationship with province and gestational age

[B Olang, Z Abdollahi, R Neshati, MA Ali, M Naghavi, A Yngve](#)

[Food & nutrition research 58 \(1\), 25707](#)

Food & Nutrition Research Journal, September 2014

[Vitamin A status in pregnant women in Iran in 2001 and its relationship with province and gestational age](#)

6. GROWTH AND WEIGHT GAIN DURING THE FIRST YEAR OF LIFE IN RELATION TO BREAST MILK FATTY ACID CONCENTRATIONS

[OLANG B., PALESH M. *, FARIVAR KH., JAMSHIDPOUR M., FARIVAR M., STRANDVIK B., YNGVE A. NUTRITION AND FOOD SCIENCES RESEARCH NOVEMBER-DECEMBER 2014 , Volume 1 , Number SUPPL. \(1\); Page\(s\) 214 To 214.](#)

6. Predicting factors of neonate birth weight

Mansour Rezaei, A Jahangiri Mehr, **Beheshteh Olang**, Publication date 2015

7. Maternal Socio-demographic Determinants of Exclusive Breastfeeding Practice in Cameroon

FEE Fombong, **B Olang**, D Antai, CDI Osuorah, E Poortvliet, A Yngve
American Journal of Food and Nutrition 4 (4), 83-92

8. Food allergy among Iranian children with inflammatory ` preliminary report

Farid Imanzadeh, Peiman Nasri, Somayeh Sadeghi,1 Aliakbar Sayyari, Naghi Dara,

Karimi Abdollah,² Yalda Nilipoor,³ Mahbubeh Mansuri,⁴ Katayoon Khatami, Pejman Rouhani, and **Beheshteh Olang**
J Res Med Sci. 2015 September; 20(9): 855–859. doi: [10.4103/1735-1995.170605](https://doi.org/10.4103/1735-1995.170605)

9. [Early childhood obesity: a survey of knowledge and practices of physicians from the Middle East and North Africa](#)

I Gies, B AlSaleem, **B Olang**, B Karima, G Samy, K Husain, M Elhalik, ...
BMC pediatrics 17 (1), 115

10. [Methodology of the comprehensive program on prevention and control of overweight and obesity in Iranian children and adolescents: The IRAN-Ending Childhood Obesity \(IRAN-ECHO\) program.](#)

Sayyari A , Abdollahi Z, Ziaodini H, **Olang B**, Fallah H, Salehi F,
et al. Int J PrevMed 2017; 8:107.

11. [Practices of Introduction of Complementary Feeding and Iron Deficiency Prevention in the Middle East and North Africa.](#)

Authors

Carlos H Lifschitz, Mohamed Miqdady, Flavia Indrio, Joseph Haddad, Eslam Tawfik, Akbari AbdelHak, Nezha Mouane, Mohamed Salah, Katayoun Khatami, **Beheshteh Olang**, Yvan Vandenplas

12. Study of nutritional status of children admitted in oncology-hematology ward

A thesis presented for the degree of Master of Science in Nutrition, in press
Milad Faghani, Abdolreza Norouzy, Hamid Farhangi and Beheshteh Olang

References

Agneta Yngve; Professor of Food, Nutrition and Dietetics, Uppsala University
Email: agneta.yngve@ikv.uu.se

Farid Imanzadeh, Associate professor in Pediatric Gastroenterology and Nutrition, Mofid Children Hospital, Department of Pediatric, Faculty of Medicine
Email: drimanzadeh@yahoo.com

Bibi Shahn Shamsian Associate professor in Pediatric Hematology and Oncology, Mofid Children Hospital, Department of Pediatric, Faculty of Medicine
Email: shahinshamsian@gmail.com